



The Weekly News

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23rd October 2025

What	When
Melbourne Cup public holiday	Tuesday 4th November
Grade 3 and 4 camp to Swan Hill	Thursday 13th and Friday 14th November
2026 Prep transition day—9-11am	Monday 17th November
2026 Prep transition day—9-11am	Tuesday 25th November
2026 Prep transition day—9-12	Monday 1st December
Pupil free day—2026 planning	Friday 5th December
2026 Prep transition day—9-12	Tuesday 9th December

"Every Day Counts"

If your child is absent from school we must have a note, phone call or you can also enter the reason directly onto COMPASS to explain the absence. This is required by the Department for our records.

Contact School Council: rceps.schoolcouncil@gmail.com

No assembly this week.

Out Of School Hours Care

Due to a little bit of a delay in healing, Alina has been advised to not return to work until the 3rd of November.

We really do appreciate your patience over the past 6 weeks, but Alina's health must take priority.

Apologies for any inconvenience caused to some families.

Important Dates This Terms

Grade 6 RCSC come and try days:

12th, 19th and 26th November

Grade 3 and 4 camp to Swan Hill:

13th and 14th November

2026 Prep transition dates:

17th and 25th November and the 1st and 9th December

Pupil free day:

5th December

Grade 6 Graduation:

9th December—Red Cliffs Football Club

Christmas crafts:

12th and 15th December

Presentation night @ Barclay

Square:

16th December

Whole school pool fun day:

17th December

Pupil free day—2026 planning day for staff:

19th December (last day of school)



Birthdays: Trixtan Dowdy, Kiara Pittaway, Emma Spencer.



Developing empathy helps us to identify, understand and feel what another person is feeling. When we practise empathy by doing something kind for someone else, our brain releases oxytocin. This results in an increase in our self-esteem, confidence, energy levels, positivity and overall happiness.

TRY IT AT HOME FAMILY ACTIVITY: **EMPATHY SUPERHERO**

YOU WILL NEED:

- Time together as a family.
- Blank piece of paper or poster paper.
- Pencils and textas.

WHAT TO DO:

- Gather together as a family and have a discussion about what it means to be empathetic. Some discussion may be:
 - » Identifying others' feelings and emotions.
 - » Identifying our own feelings and emotions when we observe how another person is feeling.
 - » Acts of empathy/kindness (a time when you have shown empathy or kindness).
- After this discussion, talk about what characteristics or character strengths you need to be empathetic.
- As a family, design an 'empathy superhero'. Label your superhero with the different characteristics it needs to be empathetic.
- Don't forget to create a name and a motto for your superhero!

Family Empathy habit builder:

When you are sitting around the dinner table, discuss what acts of empathy/kindness each family member has shown that day or week. Talk about how it made them feel.

Swimming

Our swimming program is nearly complete for 2025 (Grade 45 and 5/6 have their final day tomorrow).

All the students have done a fantastic job at the pool. Bravery and persistence were attributes shown every day.

Well done everyone!



2026 Prep Transition Program

We will hold 4 days transition for our 2026 Prep students. These students will attend school on the following days:

Monday 17th November 9-11am

Tuesday 25th November 9-11am

Monday 1st December 9-12

Tuesday 9th December 9-12

The students will have the chance to experience life at Red Cliffs East PS, even if only for a short time. The days are kept short intentionally, so as not to overwhelm the students. They will get enough experience during the 4 days to know what to expect when school starts in 2026.

Parents are asked to drop their child off at the classroom and collect them from the same place at the pick up time. Students will not be able to leave the room without an adult there to pick them up.

Class Awards:

Prep: Leah Mete for being a reflective and engaged learner. Leah, you take the time to think about your learning and the choices you make each day. You approach new challenges with a positive attitude and persist even when things are tricky. We are so proud of you! Keep up the great work!

Grade 1: Emma Spencer for showing bravery when contributing to class discussions. You listen carefully to others and speak up to share your own thoughts and ideas, even when it takes courage to do so. Your willingness to have a go, show your thinking, and join in on discussion helps to make our classroom a place where everyone can learn from each other. Keep up the excellent work Emma!

Grade 2/3: Logan Pittaway For being an enthusiastic and active learner. Logan, it is wonderful to see your commitment to your learning and the way you are always striving to do your personal best. During swimming this week, you have listened to all instructions carefully, actively participated in all activities and have been a great role model for others. Well done Logan, we are very proud of you!

Walter Henderson

Congratulations Walter on the way you have settled into your new class. You have shown great bravery and confidence when making new friendships and learning new routines. At swimming this week, you have approached all activities with a positive attitude and willingly stepped outside your comfort zone when learning new things. Keep up the amazing effort Walter!

Grade 3/4: Isaac Wright for the fantastic effort you have demonstrated in swimming this week. Isaac, you have shown bravery by being out of your comfort zone. You have been efficient in organising yourself and you have also been helping Mr. Tuohy sort the Uno cards, which has been a great help. Keep up the great work, you have been a superstar all week!

John Borlase for the self motivation you have demonstrated in Maths and Writing. John you have shown a strong commitment to improving yourself as a learner this week. You have been checking for understanding when unsure as well as working hard to complete your work within the set timeframes. Well done, we hope you are as proud of yourself as we are of you.

Grade 4/5: Zac Allford for your outstanding effort and determination at the Loddon Murray Region Championships Athletics last week! You showed incredible bravery and sportsmanship, competing against students from many different schools and you did it with confidence and pride. Best of luck in representing our region in Melbourne this November at the State Championships!

Henry Marinucci for your fantastic effort and determination at the Loddon Murray Region Championships Athletics last week. You showed great bravery and confidence, competing against students from many different schools that you didn't know. We are so proud of you on representing our school with pride and courage!

Grade 5/6: Trixten Dowdy for showing self-motivation towards your learning. We have noticed that you have been focussed on whatever the learning task is and organised your thinking to complete tasks. Well done Trixten.



IRYMPLE CRICKET CLUB JUNIOR TRAINING

U14 & U16
Tuesday & Thursday starting from 5pm
starting Tuesday 16th of September

J1 (U10's) & J2 (U12's)
Wednesday from 5pm
commencing on Wednesday 1st of October

Master Blasters
Thursday 6th of November from 5pm

Register at; [PlayCricket.com.au](https://playcricket.com.au)
Contact Chris on 0437301531
Mixed teams - New players welcome

COME & TRY




INFINITY
CALISTHENICS CLUB

Nov 17th -19th
Nov 24th - 26th

Monday 17th & 24th

- Ages 11-17yrs
- Juniors & Inters
- 5pm - 6:30pm

Wednesday 19th & 26th

- Ages 4-10yrs
- Tinies & Subbies
- 4:30pm - 6pm

Tuesday 18th & 25th

- Ages 17yrs and over
- Seniors & Masters
- 6:30pm - 8pm

**St Josephs Primary
School - Red Cliffs**